



## ALL ABOUT YOU! questionnaire

Before working with one-on-one mentor students, I like to learn as much about you as possible. This questionnaire acts as a guide for how sessions will be structured based on the information within it. Please respond to the questions below and email them back to me at [jess@jessicamangum.com](mailto:jess@jessicamangum.com). Thank you and I look forward to reviewing your information!

Name \_\_\_\_\_ Birthday \_\_\_\_\_

Nickname & Pronoun \_\_\_\_\_ Cell Number \_\_\_\_\_

1. Tell me about yourself. Where are you from originally? Where do you live? Who do you live with? What do you do career-wise?

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2. How would others describe you? Consider this both from a professional and personal perspective.

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3. How would you describe yourself? What are your strengths and/or weaknesses?

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4. What aspects do you love about your life?

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5. What aspects would you like to change and/or improve?

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6. Here are some options in terms of the focus in our course of study. What do you find most intriguing or beneficial as of right now? (check all that apply)

- Relationship healing from past wounds
- Greater understanding of intuitive strengths and how to use them
- Healing and cleansing internally (chakras), and thus externally

- \_\_\_ Emotional balance and stability
- \_\_\_ Increasing confidence and feelings of self-worth
- \_\_\_ Focusing on communicating with love (ties in with forgiveness)
- \_\_\_ Learning how to “read” others
- \_\_\_ Mind training and meditation strategies (better focus and decreased anxiety)
- \_\_\_ Developing and strengthening spirituality or connectedness to Source
- \_\_\_ Protecting yourself energetically from others’ “stuff”

7. I have read and understand the **Code of Ethics** (below).

Date \_\_\_\_\_ Signature \_\_\_\_\_

#### **Code of Ethics**

1. I am not a medical doctor, lawyer, or mental health specialist, and will not give any professional advice related to those fields.
2. All sessions will be held in the strictest of confidence, unless there is a threat of the client harming him/herself or another.
3. I will serve the best interest of my clients, conducting my professional services without causing or intending to cause harm.
4. Clients are informed of the cost and length of each reading prior to the scheduled session; there are no hidden charges.
5. I welcome all spiritual paths and backgrounds, regardless of culture, gender, race, or sexual preference.
6. My goal is to teach each client tools for self-empowerment, spiritual growth, and connectedness so that they can implement them in their own life. The client is responsible for incorporating the holistic and spiritual suggestions provided and for taking the steps to create the future they desire.

#### **Policies**

1. Cancellations must be made 24 hours prior to the scheduled appointment time, otherwise the client will be charged the full session rate.
2. I do my best to respond to all email communication within 24 hours.
3. I reserve the right to refuse or suspend continued sessions.